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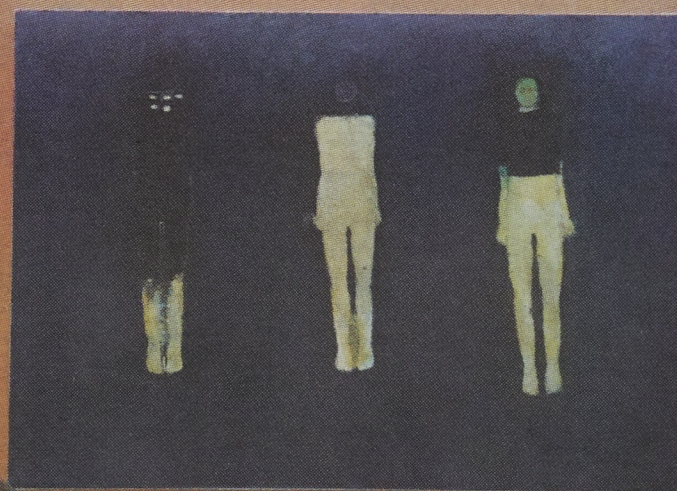
JANUARY 31, 2018



SPECTATOR

ARTWORK REMOVED AMIDST MISCONDUCT ALLEGATIONS

SU GRAPPLES WITH
CENSORSHIP DURING
THE #METOO
MOVEMENT
PG. 5



DON'T CHECK OUT THE AMAZON GO
STORE

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HIGHLIGHTING MUSICAL DIVERSITY
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DELVING INTO ATHLETE
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VOLUNTEER FOR US!

WRITERS AND PHOTOGRAPHERS ARE
WELCOME TO OUR ASSIGNMENT MEETINGS
EVERY MONDAY AT 7 P.M. IN THE CAMPION
BASEMENT.

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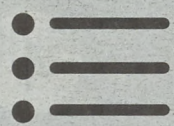


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THE WEEK IN REVIEW

Rachel Larson
Staff Writer

LARRY NASSAR TO SPEND REST OF LIFE IN PRISON—On Wednesday Jan. 24, Larry Nassar, 54, plead guilty to seven counts of first-degree criminal sexual conduct in Michigan, receiving 175 years in prison. Nassar was a doctor of osteopathic medicine as well as a trainer for USA Gymnastics, and an assistant professor at Michigan State University. Over 160 young girls have alleged assault, many of whom gave statements during Nassar's trial. Since those allegations surfaced, Nassar has parted with USA Gymnastics and his position at Michigan State has been terminated. Following his sentencing, the United States Olympic Committee demanded that every board member of USA Gymnastics step down, which they did. Michigan State University remains under fire after the president of the university resigned.

GENERAL UPSET FOLLOWING GRAMMY AWARDS—Many were excited for the 60th Annual Grammy Awards over the weekend, but stars and critics alike have voiced their disappointment following the show. When asked about the lack of women receiving awards after the show, Recording Academy President Neil Portnow said that women need to "step up" if they want recognition. He has since issued an apology after artists such as P!nk, Charli XCX and Sheryl Crow have spoken out against his statement. Many others were quick to note that Alessia Cara, who won Best New Artist, was the only female winner of a general award, and only 11 out of 84 categories were awarded to women. Lorde, who was nominated for Album of the Year, was notably absent from the performance list, and Hillary Clinton made a cameo in a sketch alongside Snoop Dogg and Cardi B, reading excerpts from "Fire and Fury." The responses to the event continue to be overwhelmingly negative, as the Grammys had the lowest viewer numbers since 2009.

TRUMP ATTENDS ECONOMIC FORUM IN SWITZERLAND—President Donald Trump traveled to Davos, Switzerland to participate in the 48th World Economic Forum (WEF) Annual Meeting. Trump is the first U.S. President since Bill Clinton to attend this event, though various other leaders have been in attendance throughout the years. President Trump was in the company of strong leaders from around the world. On Wednesday Jan. 24, the WEF released its Global Risks Report, identifying various factors that threaten communities and economies around the world. President Trump is frequently named in the report as a risk to global economies. During the trip, special counsel Robert Mueller had requested a meeting with the President regarding the current investigation. Former New Jersey Gov. Chris Christie said he believes that President Trump meeting with Mueller would only legitimize the allegations, which he believes have no foundation.

CRYPTOCURRENCY HACKERS TAKE \$534 MILLION—Coincheck, a Tokyo-based cryptocurrency exchange, was hacked Friday, Jan. 26 in one of the biggest digital money thefts ever. The total loss is estimated to be around \$534 million worth of cryptocurrency. The company said on Jan. 28 that they would be returning about \$425 million of the money lost, compensating the estimated 260,000 traders affected at a rate of \$0.8147 cents per coin. The currency was being stored in a part of the exchange connected to the internet, rather than offline, which is how the hackers gained access. Coincheck claims to have the address where the funds were sent. It seems that bitcoin users are safe, as the majority of the loss is involved in NEM, a prominent but lesser-known cryptocurrency. Currently, Coincheck has suspended all withdrawals and deposits for all cryptocurrencies, except Bitcoin, as it attempts to deal with the situation.

AMBULANCE BOMB KILLS MORE THAN 100 IN AFGHANISTAN—On Saturday, Jan. 28, an attacker drove through Afghanistan's capital of Kabul in an ambulance loaded with explosives and detonated them, killing over 100 and injuring more than 230. The Taliban has already claimed responsibility for the attack which comes one week after militants stormed a Kabul hotel. The vehicle passed through an initial security checkpoint at 12:45 p.m. local time, and the police identified the attacker at the second checkpoint, though they were unable to prevent the blast which occurred near the old Interior Ministry in a central area of Kabul. The attack occurred in what is intended to be the most secure part of the city. The purpose of the attack was to undermine the government, and it led many to question the state of terrorism, as it is the first time medical facilities were used as a weapon.

STEVE WYNN RESIGNS AS RNC FINANCE CHAIR—Steve Wynn has stepped down from his position as finance chair of the Republican National Committee amid allegations of sexual assault. The allegations include harassing massage therapists as well as raping a staff member. Wynn, 76, denies the claims, accusing his ex-wife of slander as a result of an ongoing lawsuit. In addition, many claim that he paid large sums to keep women quiet. This incident highlights continuing debates among political parties, as many democrats are pointing to the silence of the Republican party in the wake of the allegations. President Trump supported Wynn's decision to step down.

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UNIVERSITY REMOVES CHUCK CLOSE SELF-PORTRAIT AMIDST HARASSMENT ALLEGATIONS

Tess Riski
Investigative Editor

American artist Chuck Close was accused of sexual harassment in December. On Friday, the National Gallery of Art announced that they canceled his exhibition, which was planned for May. Following this announcement, Seattle University promptly removed a print by Close displayed on the second floor of the Lemieux Library—so quickly, in fact, that almost nobody noticed.

Shortly thereafter, The Stranger published a story about the removal of the print titled “Self-Portrait 2000.” Other news outlets caught on.

The removal, now widely publicized, has raised questions about whether it is acceptable to display the works of artists who have been accused of sexual misconduct. It has also led some in the art community to question the divide between censorship and erasure.

“Self-Portrait 2000”—valued at \$35,000 before the allegations—was considered to be one of the most important pieces in the university’s art collection. It was replaced this week by an oil painting by Linda Stojak. Both pieces were gifts to the university.

Throughout the process of removing and replacing Close’s piece, the university elected not to consult any art professors or members of the art community.

Ken Allan, associate professor of art history at Seattle U, says the university should have sought outside opinions, possibly through a faculty-involved arts committee, before removing the piece.

“There could have been a discussion around that, and it might have been worthwhile to even use that piece as a kind of center of discussion around campus about sexual harassment and issues of censorship,” Allan said. “[The removal] obstructs deeper conversation that will allow for discussion. However, I think part of that discussion has to be, ‘what do we do with artists who have repugnant and unethical behavior?’”

Regardless, if the piece remained

on display, Allan says a plaque next to or in lieu of the self-portrait may have enabled discussions concerning sexual misconduct, or the problematic relationships resulting from power dynamics between male artists and female models.

University Librarian Sarah Watstein made the decision to remove the artwork. She explained her reasoning in a statement:

“Given escalating developments regarding sexual harassment and sexual misconduct scandals, [we] discussed our options regarding the Chuck Close self-portrait. The self-portrait hung, as you all know, in a prominent highly trafficked location—the 2nd floor lobby, across from the spiral staircase,” Watstein said. “We were concerned about potential student, faculty or staff reaction to seeing the self-portrait, and have decided that the prudent and proactive course of action would be to replace the self-portrait with another work.”

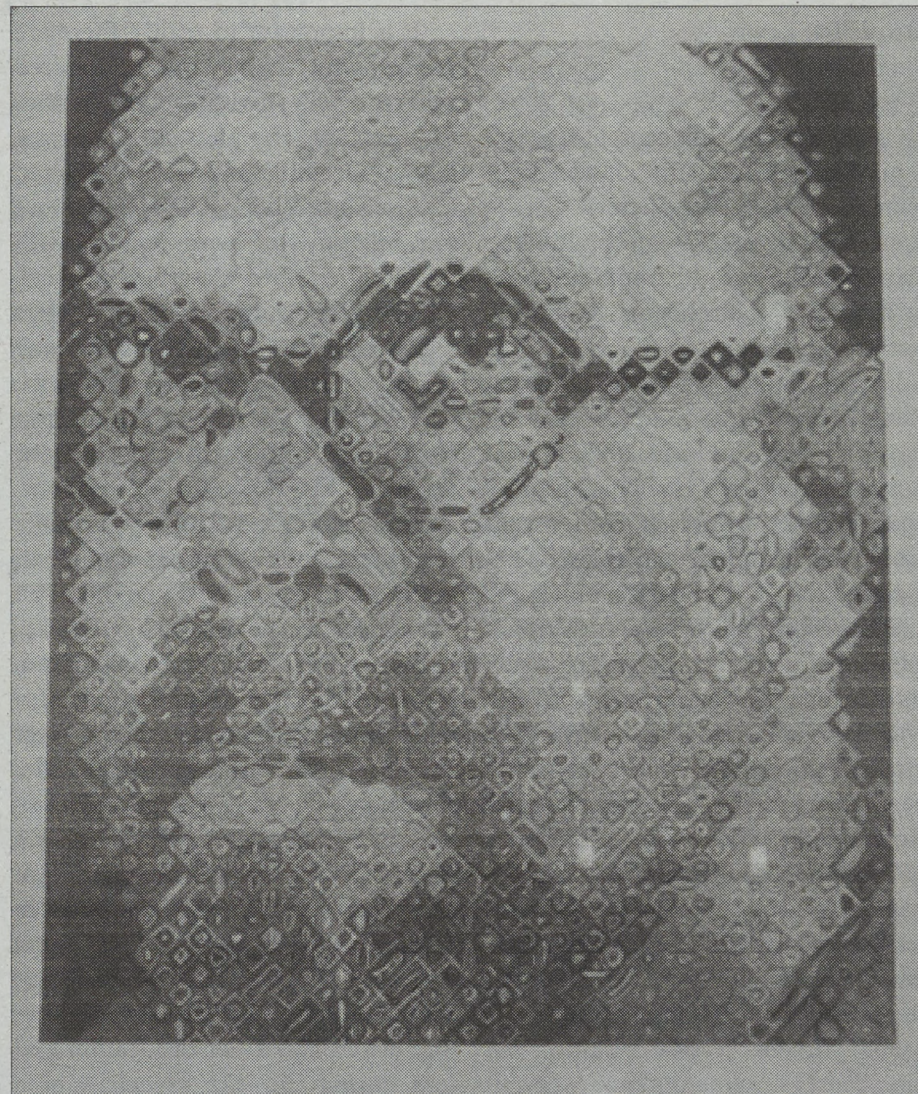
Some say the decision to remove the artwork so swiftly may have been made out of fear of backlash.

“Our students are sophisticated students. They’re around that art all the time,” Allan said, adding that the removal may have been due in part to a “public relations concern” that’s not really about the primary public for that work—students, staff and faculty—but the outside community.

When asked if he thinks the print would have been removed had we not been in the midst of the #MeToo movement, Allan gave a definite no.

“No, no, of course, it wouldn’t have been,” he said. “It’s this moment that is shining a light on these issues and this behavior.”

A swath of curators and museum directors across the country say that making artistic decisions based on personal behavior is a dangerous road to go down. All of the museum officials interviewed for a recent article published in The New York Times called “Chuck Close Is Accused of Harassment. Should His Artwork Carry an Asterisk?” said they plan to continue to retain and show their



VIA SEATTLE UNIVERSITY

“Self-Portrait 2000” by Chuck Close was removed from Lemieux Library amid sexual harassment allegations.

Close pieces because he has not been charged with any crime and the accusations have not been proven in a court of law.

The university says it doesn’t believe it’s displaying any artwork at the moment that was created by anyone accused of sexual misconduct. It is possible that in the near future, accusations of other artists will surface. Should this happen, the university may not handle the situation in the same way it did with the Close piece.

“Decisions about the display of specific works of art are made on a case by case basis,” a university spokesperson said in an email statement to the Spectator.

“Self-Portrait 2000” has been placed in storage for the time being. The university hasn’t made plans about what to do with the portrait in the

foreseeable future.

Allan intends to talk with his students about “Self-Portrait” and its removal in his art history class on Wednesday.

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SEATTLE U COMMUNITY HONORS HOLOCAUST REMEMBRANCE DAY

Jacqueline Lewis
Staff Writer

"It is not just the Holocaust. There is injustice happening now all over the world," said Reverend Victoria Carr-Ware, the Ecumenical and Multifaith Campus Minister. "It's important to be reminded of our history, so it does not happen again."

Jan. 27 marked National Holocaust Remembrance Day as recognized by the European Union in 2005, and in honor of this day, Campus Ministry coordinated a presentation from Holocaust survivor, Agi Day, following a discussion on the evening of Jan. 23.

First-year Talia Rossi accompanied a friend to the event. "I think it's really interesting to hear from survivors and people who experienced [the Holocaust] first-hand because genocide is so often not talked about," Rossi said.

"Genocide is not something that did happen once," student and attendee Jessica Piranni said. "In our American education system we don't talk about the others, which is problematic."

For student Jessica Piranni, the Holocaust Remembrance event was as way for her to deepen her understanding on something she is interested in. Piranni recently returned from study abroad in Vienna and Zurich, where she spent a lot of her time with the Jewish community in Vienna.

"We visited a synagogue, we went to a concentration camp and we talked a lot about the continual prosecution of the Jewish people. I take any opportunity to learn more," Piranni said. "We don't have a lot of time to hear from the source [of Holocaust survivors]. As students we should do as much as we can to learn."

For Jewish and other non-Catholic student groups on campus, Campus Ministry provides funding for programming to be in worship. Students can get connected with resources, either on-campus or off-campus, to help navigate the changing spiritual dilemmas that take root while in college.

"It is important to realize there are people who understand the sacred differently. By providing opportunities for exploration and reflection, it allows our students to feel connected and welcomed here, to explore culture and religion and be in relation with one another," Rev. Victoria said.

Each year Campus Ministry offers welcome events during the beginning of fall quarter for Jewish students, and has brought rabbis to campus for engagement with students for Jewish holidays.

"Even though we are a Catholic institution, we want everyone to feel welcomed and valued here on campus," Rev. Victoria said.

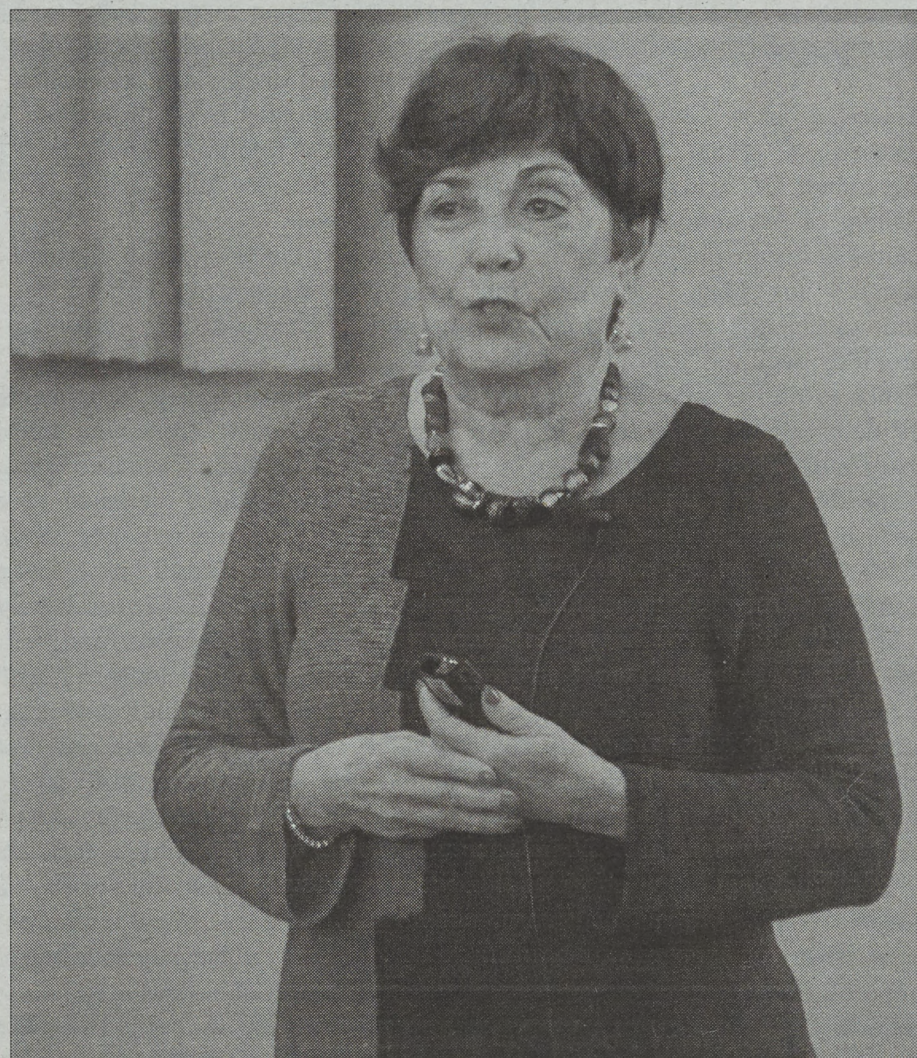
With this mission in mind, Campus Ministry created a space for engagement, reflection and prayer to honor a time of great pain for the Jewish people.

Agi Day, a resident of Seattle, is a Holocaust survivor who speaks at schools in the area and was the main speaker for the on-campus event on Tuesday. Day was just an infant when her family faced persecution. She talked about her dislocation and fear during the war, especially as a small child.

"Children of war are different. We did what we were told, when we were told, because we knew that our lives or the lives of our family were at stake," Day said, explaining how she quietly listened to her mother and caretakers while in hiding.

Born in Belgrade, Yugoslavia, to Hungarian and Serbian parents in May 1940, she traveled Europe in hiding during World War II. She joined her mother in Toronto, Ontario at age 11 and continued school. She became a teacher, working in Montreal until moving with her family to Seattle.

"Today, it is important today to come and listen to people who are survivors because at one point in time there will be no survivors to advocate for what actually happened," freshman Michael Behr said after the event. "When you're learning about things as terrible as genocide, you kind of lose sight of how real it was to [people] and



Griffin Leemon • THE SPECTATOR

Holocaust Survivor, Agi Day told her story at the Holocaust Remembrance Day event on Jan 23

how it affected their lives completely."

Day is a member of the Holocaust Center for Humanity's Speakers Bureau. The Holocaust Center partnered with Campus Ministry to put on the event. The Center is a museum open in downtown Seattle on Wednesdays and Sundays.

The event continued with a discussion on conformity, led by Rev. Victoria of Campus Ministry, with resources from the U.S. Holocaust Memorial Museum. Attendees broke into small discussion groups to analyze the dangers and preventions to conformity.

Finishing with a memorial and prayer lead by Rabbi Kate Speizer of Temple De Hirsch Sinai, guests were asked to take as much time reflecting as the names of the Nazi concentration camps were read over seven burning candles, the candles representing

the millions of lives lost during the Holocaust.

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BRANCHING OUT: THE NEW BUILDING FOR STEM

Hunter Uechi
Staff Writer

Seattle University is currently in the works of creating a Center for Science and Innovation (CSI). The \$105 million building will be around 105,000 square feet and will take the place of the University Services building on the corner of 12th and Marion.

The project is expected to break ground in June of 2019 and will be centrally funded by the university. The building will house the departments of biology, computer science and chemistry and will include spaces for all students to study, grab a bite at the coffee shop and bring one of their creations to life in the makerspace.

Michael Quinn, Dean of the College of Science and Engineering (CSE) said that the new building will provide the college with 50 percent more space than it currently has, which would allow them to grow to more than 1,500 students.

"The purpose of the new building is to respond to the significant growth already experienced in the STEM majors, and to prepare the University for further growth in these majors. We're putting seven new classrooms in that are bigger and set up for active learning," Quinn said.

Along with the construction of the new CSI building, Seattle U is also planning to renovate both Bannon and Casey to help relieve the overcrowding of faculty in both the CSE and the College of Arts and Sciences (CAS). The added spaces will provide spaces for student-faculty interactions and, specifically in Bannon, room to include research labs or more student study areas.

David Powers, Dean of the College of Arts and Sciences (CAS), said the college will be renovating the president's dining hall located on the fifth floor of Casey.

"Some of the space will be dedicated to kinesiology. We want to get the best use out of the space we have so we can have faculty together with their departments and programs in a better

way and we think that the space on the fifth floor of Casey will help us," Powers said.

Lara Branigan, director of design and construction at Seattle U, said that in addition to meeting the growing demand of STEM, the CSI will serve as a gateway to campus.

"We will have street activating uses in the building to keep 12th Avenue lively and safe for everyone. The theory behind that is you want to have people coming and going through doorways, you want to have eyes on the street," she said.

Quinn is looking forward to bringing the public in with this new building, especially during Projects Day.

"We are looking for a building where we can have these big events and bring the public in and then they cannot just attend the event but they can look around and be inspired by all the great work that we are doing," he said.

Branigan included that they are trying to design a space that will encourage collaboration and allow for

students to have enough space needed to complete their projects. One of the goals for the CSI is to welcome students from all majors by featuring both small and large study spaces for students to use between classes and after classes as well.

"One of our goals for the new building is to create an environment where students will take a class and be more interested in hanging out after class and meeting up with other students for studying," Quinn said. "We want a building that is more filled with students into the evening."

Powers sees the building as a way for students and faculty to connect.

"The fields we have that have a heavy STEM component are environmental studies, kinesiology, psychology and criminal justice," Powers said. "I think this will help connect things across departments and colleges which is something we are all trying to do more of."

Inclusivity and accessibility has also presented itself in the plans of the building beyond the welcoming of

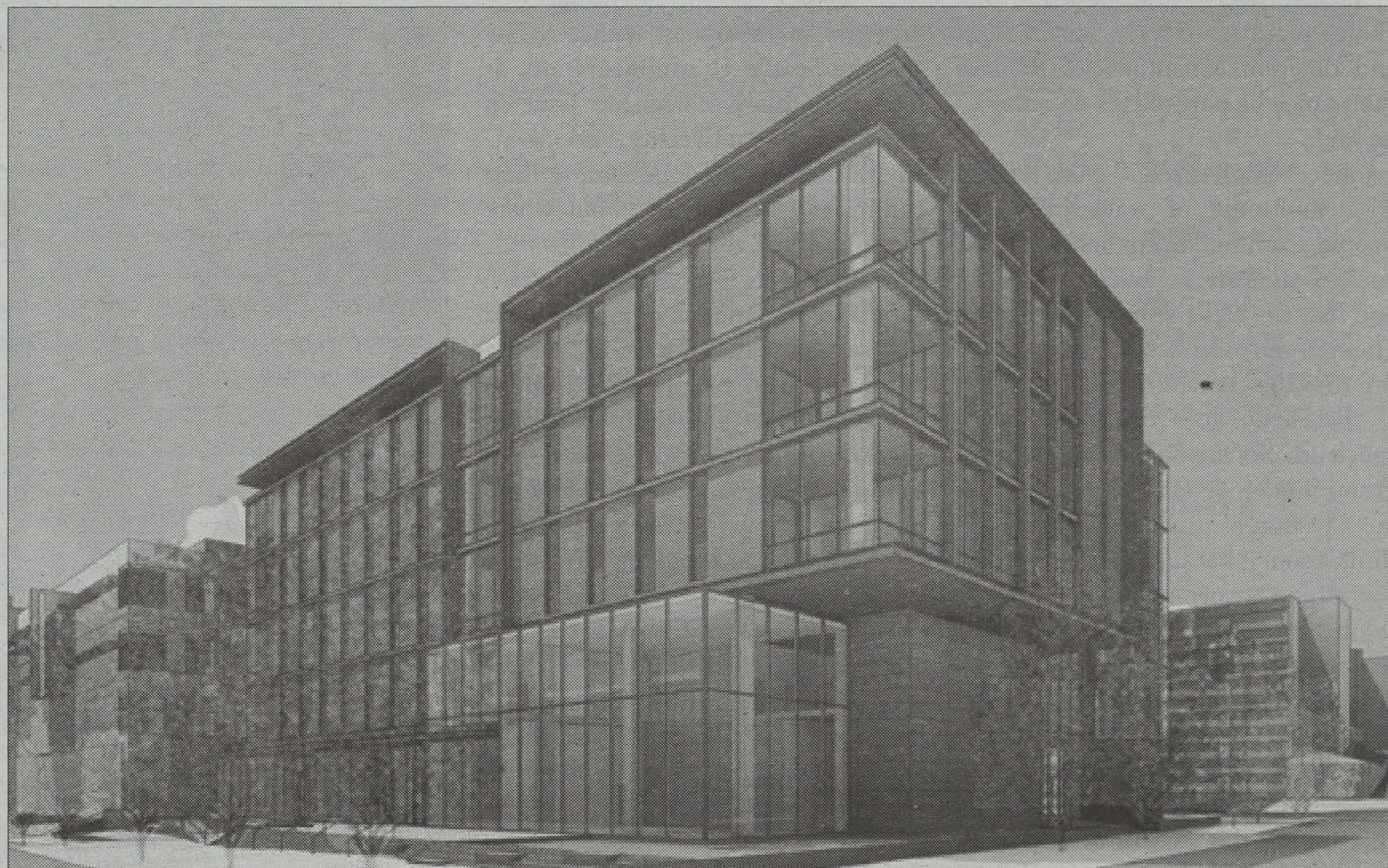
students from different colleges.

Branigan said, "we were working on making sure that everything is easy for everyone to use. It'll feature gender inclusive restrooms and lactation rooms because we know we have a shortage of those. It will greatly expand all of those amenities and put them in central campus."

Throughout the planning process, the college is making efforts to collaborate with students to ensure that the building will accurately fulfill the needs of students. Architects have already interviewed groups of students to gain an understanding about what they are looking for in the new building.

The college is making plans to have another open forum in March for students to ask questions and look at the evolution of drawings of the building.

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VIA EYP ARCHITECTURE & ENGINEERING

The Center for Science and Innovation is proposed to be five stories, with four stories of lab space and five community-activation spaces at the ground floor.

SGSU 2018 LEGISLATIVE AGENDA PRIORITIZES INCLUSION, ACCESS FOR MARGINALIZED STUDENTS

Sophia Wells
Staff Writer

Student Government of Seattle University President Pa Ousman Jobe is upholding his promise to make student government policy more accessible to all students.

SGSU recently released its legislative agenda which outlines priorities and initiatives for the 2017-18 academic year. The agenda focuses on inclusivity, increasing access to resources and partnering with existing clubs and organizations and their work.

This year's SGSU agenda upholds the work and progress of last years cohort, but is different from previous years in that it was developed with the help of the newly formed External Advisory Board, a group of student representatives from clubs and organizations on campus who were invited to give their input.

Jobe said that the advisory board will better serve the interests of students and get them directly involved in the priorities of student government.

"It was really important for that choice piece to be in it, for students and different constituencies to have their voice be part of this document," he said.

Jobe emphasized that there is a multitude of ways in which people coming from marginalized backgrounds are excluded on campus and may not feel a sense of belonging. There is no one action, he said, to improve the climate.

"Inclusivity goes on a very huge spectrum. So, it would require critical examining," Jobe said. "Because if you are a person of privilege, you will not think about it because you will go, 'Oh everything is normal.'"

Jobe said that the agenda looks to create an environment in which students who are currently isolated due to their lack of representation can begin to feel represented and thrive in the Seattle U community by challenging the structures that keep those students in the frays.

To address the broader goal of improving inclusivity, SGSU will

begin the Unnamed Project, which will include partnering with the Office of Diversity and Inclusion as well as producing a documentary surrounding Seattle U students. The Unnamed Project is meant to bring light to the experiences of those who often go unheard.

"The project is meant to serve as a platform for students with marginalized identities who often feel unnamed, unheard, and who often have to deal with a whole lot of microaggressions due to their marginalized identities," Jobe said.

SGSU Transfer Representative Maitland Hennessy is hoping to increase awareness for resources for transfer students, particularly the technological services on campus like the Media Production Center. She supports the document's focus on improving campus climate.

"Making sure that we are creating a diverse, inclusive, kind campus is one of the best goals any student government could have at this point in time," Hennessy said.

The agenda also outlines the need for financial transparency within SGSU and the Seattle U administration, as Jobe said this has been an issue in the past. The university and SGSU have an obligation, Jobe said, to their community to be clear about where their funds are going.

In order to best serve students experiencing mental illnesses and survivors of sexual assault, the agenda outlines a plan to join with campus partners such as Counseling and Psychological Services (CAPS) and the Survivor Support Network to bridge the gap between resources the university is providing and what students need.

"We also realized that there was another gap, that sometimes there are some resources but students do not know about it or do not know about the channels of going about it," Jobe said.

SGSU Commuter Representative Jess Juanich is excited for the document's attention to resources for students with disabilities, commuter

students and transfer students.

"The legislative agenda is very focused and it can actually set a direction for SGSU and where we want to go within the next year," Juanich said.

Additionally, the legislative agenda provides initiatives for creating a system that will work for the needs of students who do not fit into the gender binary.

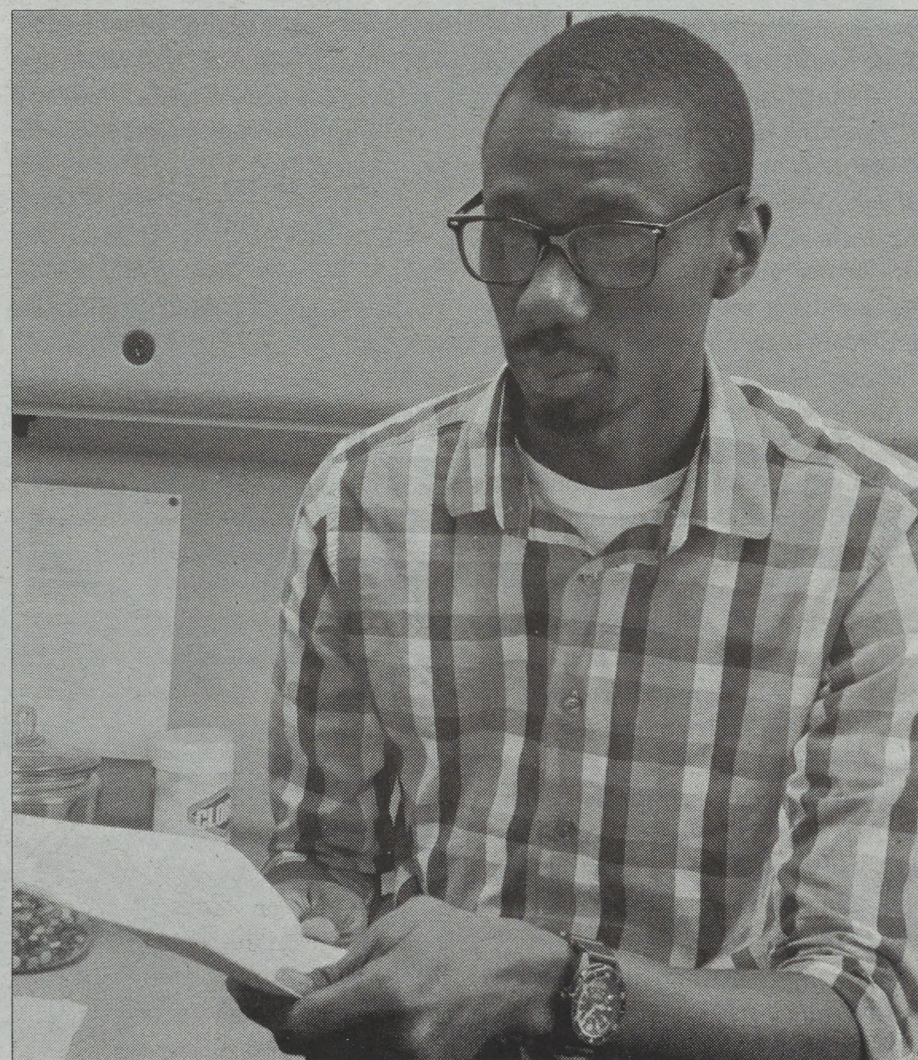
Jobe said he's heard from students who don't feel entirely comfortable in their housing due to the university's lack of housing options for non-binary and trans students. Jobe says SGSU will partner with Housing and Residence Life to create housing in which students can feel entirely comfortable.

Jobe is hopeful that the agenda can be an additional step in improving the Seattle U climate and notes that, until

issues like microaggressions and bias are eradicated from campus, there is still work to be done.

"Culture doesn't change overnight. But that also doesn't mean that we should just throw our hands up in the air and leave," Jobe said. "My hope is that it would at least to a certain degree bring up some change which is needed and then be followed up by whoever else is going to come."

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JESSICA DOMINGO • THE SPECTATOR

SGSU President Pa Ousman Jobe discussing the immense amount of time many members of SGSU committed.

READY, SET, AMAZON GO!

Jacqueline Lewis
Staff Writer

From the outside it looks like any new store, nestled near the Amazon headquarters downtown. However, as any enthusiastic Amazon Go store employee will tell you, this is not your average shopping experience. It's done with an app, a bunch of surveillance and tech-savvy efficiency to ensure there are no lines.

The Amazon Go store preps all their food on location, with fresh ingredients utilized by cooks working in the kitchens. They showcase this to customers through large windows on the outside, allowing them to see the process from prep to pick-up. Also, there's places to leash your dog outside. Amazon really thought of everything.

During the first week, Amazon team members in orange jackets assembled outside to hand out Amazon reusable grocery bags and answer any inquiries from apprehensive passersby or interested first-time shoppers. By downloading the free Amazon Go app and logging into their Amazon account, customers can tap their individualized account barcode on the turnstiles and walk into the store. One account can be used for multiple shoppers by tapping for each guest entry. Whatever each guest picks up, Amazon tracks it.

The space is about the size of a gas station, but like a hip and clean gas station with tiny snack-sized filet mignon and brown-boxed prep-meals for two. Looking at the ceiling, it's reminiscent of a dystopian warehouse, or a Hollywood movie set. Flat rectangular cameras are mounted above the shoppers to track their every move, putting whatever they pick off the shelf into a virtual cart and charged to their Amazon account minutes after they walk out of the store. If they put it back, it's taken off their virtual cart.

Anyone picking up a lot of groceries is going to find it difficult and expensive to stock up. Yeah, the grab-n-go meals are pretty cool, and perfect



JESSICA DOMINGO • THE SPECTATOR

The Spectator's Jacqueline Lewis took an adventure into Amazon's latest take on "grab and go" food.

for the modern Seattleite on the go.

But it seems to be a pretty random array concerning the groceries they choose and don't choose to stock on the shelves, which makes the appeal of the store more so ready-made meals and less so actual groceries, but they don't provide a lot of options.

It seems that people come for the Amazon Go no-line technology, and Amazon capitalizes on their inventiveness.

Inside, branded mugs and other Amazon "Just Walk Out" merchandise are stocked on the shelves. It's like the store is not a full grocery shopping experience, but an advertisement for Amazon, with the products on the shelves being a sort of corporate sponsorship rather than serving as a useful variety of options.

For Seattle U student Michael Nghien, who stopped by the store

days after it opened, the space left some things to be desired. "I saw it on every newspaper website, and I had curiosity. I am disappointed because it's kind of small compared to what I expected," Nghien said.

While Amazon attributes its size to allow "busy customers [to] get in and get out fast," in the opening weeks the store was an underwhelming size with overwhelming crowds.

But come on, it's a fancy robot store, crowds are expected. Braving the mass of people might be worth it for a fresh take-and-bake baguette that you can already smell baking at home as you pick it up off the shelf.

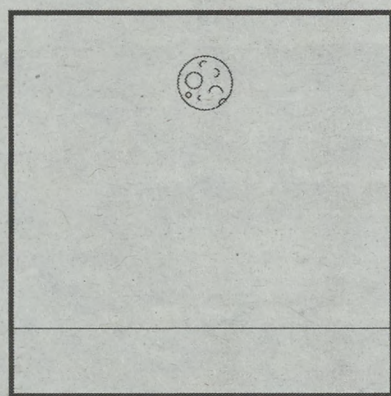
It makes sense that the store caters to the busy professional. For the past year Amazon Go has been tested by Amazon employees on their lunch breaks and post-work pick-me-ups. The store opened up to the Seattle

community, the first of its kind, on Monday, Jan. 22.

The grand opening was met with a line around the block, as hundreds of people waited to enter. If you were to stop by now, you would be let in right away or within minutes. All the more reason to give Amazon a "go."

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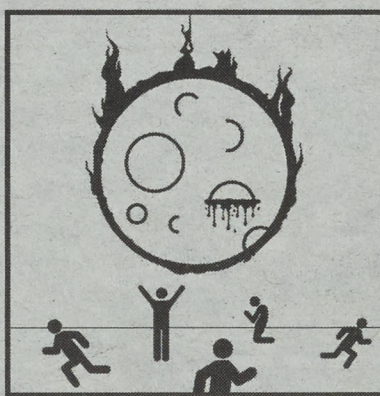
MOONS: A SIMPLE GUIDE



Regular Moon



Blue Moon



Super Blue Blood Moon Eclipse

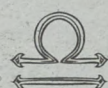
THE 10

10 PIECES OF ADVICE

- 10 Don't pass out with your shoes on
- 9 Clean your belly button
- 8 Give in to your urges
- 7 Don't sweat the petty stuff
- 6 Don't pet the sweaty stuff
- 5 Use your god-damned meal plan
- 4 Volunteer for the Spectator
- 3 Don't take drinks from strangers
- 2 Nothing good happens after 2 a.m.
- 1 Call your mom

CHRIS SALSURY • THE SPECTATOR

HOROSCOPES



LIBRA
9/23-10/22

hoho.



SCORPIO
10/23-11/21

That's not a tummy ache, LisTen.



SAGITTARIUS
11/22-12/21

Take a shower in the steam, it's there to help.



CAPRICORN
12/22-1/20

Game of thrones has something to say to You.



AQUARIUS
1/21-2/19

When you choose what you hear you choose what you ignore.



PISCES
2/20-3/20

That feeling in your stomach? it's called progress.



ARIES
3/21-4/20

TuRn ArOund AnD learn.



TAURUS
4/21-5/21

Have you ever heard of... peace of mind?



GEMINI
5/22-6/21

where is it coming from?



CANCER
6/22-7/22

Embrace solace, the moon has enough energy for a thousand yous.



LEO
7/23-8/22

New issues of past memories help us heal.



VIRGO
8/23-9/22

hehe.



FINDING ROOM TO GROW

NEW RESIDENT HALLS, CLASSROOMS, AND
LABS EXPECTED SOON

BY MADELINE MESA



FINDING ROOM TO GROW

NEW RESIDENT HALLS, CLASSROOMS AND LABS EXPECTED SOON

Madeline Mesa
Volunteer Writer

For many Seattle University students, campus does not look how it did when they arrived. From the new Connolly Center and the recently debuted Madison Avenue campus store to the Vi Hilbert Residence Hall and the pending Center for Science and Innovation, what was once a humble Jesuit university is now taking the mold of a larger and more established institution.

It isn't just the landscape of the university that's changing, but also the social dynamics of the community. From the race to beat the lines at C-Street to the amount of students in need of housing, it is evident that Seattle U is expanding. With rising tuition rates, students are left to wonder when the facilities they're paying for will accommodate their needs.

These changes were a part of a plan that began in 2006 to expand Seattle U's boundaries and student body size over the next few decades. According to the final document released in 2013 detailing the plans of the school-wide expansion—which is officially titled the Major Institution

Master Plan, or MIMP—Seattle U is projected to increase student enrollment by 36 percent, making the freshman level 60 percent of the undergraduate population, as well as “more than doubling the building area on campus.”

However, representatives from the facilities and admissions departments say that there has been no significant change in enrollment for freshmen at Seattle U since 2015, and they do not foresee a student body increase at this time.

“In the MIMP, you try and predict what will happen because it's a requirement of the city if you're going to develop in the future. So it's all the range of potential possibilities, not what you may actually do,” said Colleen Pike, the director of facilities planning and real estate at Seattle U.

Scott McClellan, the vice president of communications said, “The master plan allows the university to realize greater potential, have a wider impact by serving more students and provide the necessary flexibility to meet the evolving needs of a growing student population.”

Joy Jacobson, the former director of design and construction at Seattle U who was assigned to the MIMP, explained that the process of expanding a college campus is not as simple as buying up properties.

“It's a long-established process within the city of Seattle through a combined effort with the Department of Neighborhoods, and the Department of Construction and Inspections,” Jacobson said.

An institution can choose to either build vertically on their allotted property, or they can choose to begin an MIMP to gain new square footage under proposed guidelines from the city.

“SU had both expired and almost

and cost.

The planned budget for this center in the 10YFP is approximately \$220 million, and Associate Vice President for Facilities Robert Schwartz, said that a large portion of the cost will be donor funded.

“Our biggest challenge from a pure construction standpoint is the cost of construction,” Schwartz said. “When we budgeted this project four years ago, we put \$14 million additional dollars into it to try and anticipate those cost

WHEN WE BUDGETED THIS PROJECT FOUR YEARS AGO, WE PUT \$14 MILLION ADDITIONAL DOLLARS INTO IT TO TRY AND ANTICIPATE THOSE COST INCREASES BECAUSE WE COULD SEE WHERE THE MARKET WAS GOING. WE PROBABLY NEEDED MORE LIKE 20 MILLION.

-ROBERTSCHWARTZ

used up its available square footage around 2007 and started the new process—which is lengthy. As you can see the process started officially in 2008 and completed in 2013,” Jacobson said.

Incorporated into this MIMP is the 10 Years Facilities Plan (10YFP) which details the new construction of facilities on campus as well as their design

increases because we could see where the market was going, we probably needed more like 20 [million].”

The new Center for Science and Innovation will include up to 110,000 new square feet of academic space for students in the science, engineering, math and technology majors, and will feature five stories, taking the place of the former University Services building. Pike said the new facility is being built because enrollment is growing in that area and the university needs more space to support students.

Pike also mentioned housing was one of Seattle U's priorities for development. He said the second phase of the plan

includes the construction of additional housing. This stage of the process would begin sometime after Fall 2018 when the new Vi Hilbert Hall is completed. Seattle U's most recent addition of the Vi Hilbert building will feature ten stories, the bottom two of which will be reserved for the Enrollment Department, with the upper eight expected to house approximately 300 students.

Alongside these physical changes, Seattle U is undergoing a rebranding. Scott McClellan joined Seattle U's administrative team in 2012 at the beginning of this project as the Vice President of Communications, after getting to know President Fr. Stephen Sundborg, S.J., and his future plans for the university.

McClellan explained that his team's goals for this project are aimed to better improve and support the progression of Seattle U. These goals consist of “focus on real world impact of Seattle University Jesuit education...consistency and integration across the university in terms of branding...a data driven culture of continuous improvement (and) taking opportunities to expand and grow our external partnerships for academic purposes and research.” McClellan and his team play a major role in the university's long-term goals since Seattle U has a tuition-driven culture of improvement.

While there is a capital campaign expected to go public in the next year or so, its goals focus on STEM development, scholarships and other institutions. Many of the changes seen on campus today are a result from the MIMP and 10 Year Facilities Plan that accompanied it. However, it is unclear whether the rise in tuition by approximately \$6,000 over the past four years was due in part to help fund the new campus developments.

Besides gaining new facilities on campus, these new amenities also work as marketing for the university in the form of campus enlargement.

“Look at the way the campus has grown and the ways it's become more visible. The campus store is the latest example of that. It's one of the busiest intersections in Seattle,” said McClellan. “How do we showcase where we are? How do we make sure people know we're here in a way that is inspiring? It's a constant evolution of the brand strategy. Making sure we have a good, compelling, consistent and most importantly authentic story to tell about the university.”

Seattle U's growth and development is an evolving process that has been noticeable for years. For some students at this university though, there is a lack of understanding on what they want to see their tuition spent on. First year students Amelia Hopkins, Stella Roth and Zivi Spector, want Seattle U's administration to take a more pragmatic look at student needs, and ways tuition and campus funds can be better used to ensure all current Seattle U students access the full potential of their Jesuit education.

“The triples could be more functional. I'm in a triple, they don't really make it a space where you can use it in a way that works like a room should work. I was kind of in shock when I got there,” said sports and exercise major, Hopkins.

The three students elaborated that other amenities for students such as provided Orca cards, more featured on campus

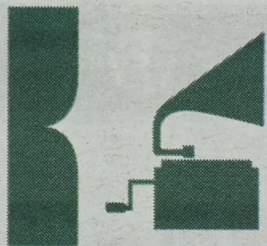


ELISE WANG • THE SPECTATOR

speakers emphasizing on social justice, and other changes like partnerships with local restaurants for students discounts or meal plan deals, are all things they want to see their tuition cover during their time at Seattle U.

There will be a standing advisory committee meeting hosted by the Seattle Department of Neighborhoods regarding to Seattle University's changes on Feb. 6 from 5:30 to 7:30 p.m. in room 518 of the Casey Commons. Seattle U has

changed, and it should be expected to see a continuing process change as each new class will add onto the needs that this institution will need to meet. With another project underway, Seattle U's growing pains will likely continue until around 2023, when the next MIMP will be due.



TAKING A SHOT AT THE KETO DIET WITH BULLETPROOF COFFEE

Erika Silva
Staff Writer

Squeezed between the chrome embellished buildings and squeaky-clean streets of South Lake Union is a new coffee shop called Bulletproof.

Bulletproof coffee is supposed to be a cup of joe engineered to provide consumers better mental performance and long-lasting energy; and they just opened up a new cafe next to the Amazon and Microsoft offices three months ago.

The walls of the cafe are lined with the company's signature Bulletproof diet products. I noticed immediately that all of their products gleamed in bottles that look slightly medicinal.

This is because the brand "Bulletproof" started as a ketogenic (keto) diet regimen that has been rising in popularity. The keto diet is intended to be a low carb, high fat plan.

The keto diet instructs to cut almost all carbs. When the body can't burn the from carbs, it starts to metabolize fat, a state called Ketosis. Ketosis is the ultimate goal of the keto diet. The keto diet is also sometimes used as a way to control and treat epilepsy.

After analyzing the keto diet online, I started to think this approach to dieting might not be for me. The extremity of the diet may promote weight loss, but that doesn't always mean it's a healthy choice for everyone.

The way I see it, not all carbs are bad. Complex carbohydrates like whole grains and vegetables are especially important. These are broken down slowly and provide longer energy and dietary fiber. Most people eat simple carbs from process foods that burn fast, spike your sugar, make you hungry and sluggish. From my understanding, keto diets like the Bulletproof diet try to demonize a food group might really just be misunderstood.

On top of that, the keto diet

prompts such great results so quickly because the body starts to break down glycogen. Glycogen stores water, so the body basically starts to burn water weight.

What happened to balance people? Following the same trend of all modern, western diets, folks get quick results and shame carbs while worshipping protein like a god.

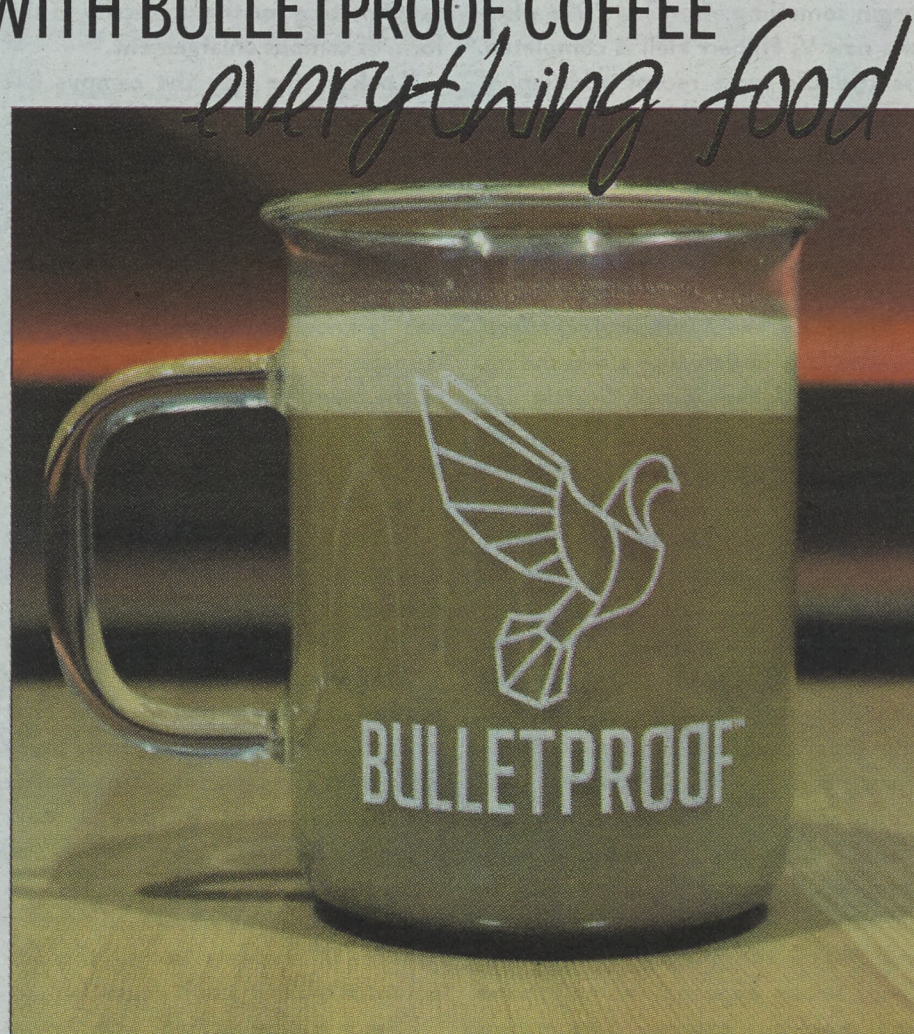
For the Bulletproof diet, Bulletproof Coffee is a staple. Instead of the usual added sugar and milk, Bulletproof coffee beans are processed to remove mold toxins. It contains one tablespoon of ghee and one tablespoon of Brain Octane oil. Ghee is a clarified butter that comes from grass-fed cows. Its high in Vitamin K2 and Butyrate. Octane oil is extracted from the coconut, and is supposed to be more effective than coconut oil at releasing ketone energy.

The coffee itself is really only 'healthy' if you are in the vicious cycle of the keto diet. Other than that, it has unnecessary, high levels of fat. However, now that it's a café, you might want to stop by just to judge it by its taste and not its philosophy.

It's very rich and slightly tangy. Butter from the ghee really coats your mouth. Its mild acidity gives it a slightly crisp taste that slowly dissolves away. The cup tastes pretty good when it's hot but once it cools it becomes slightly sour. I am guessing this comes from the oil. The aroma is earthy, yet slightly woody. Try opening up the cap and you can see the separation of the oil from the coffee.

The sitting area has very futuristic decor. White and orange are everywhere in the minimalistic space. All of the tables and chairs are a matte, brown wood. There are wall decals that say, "Tap into the unlimited Power of Human beings" and "You. But only better."

All of their bakery goods are gluten-free, which can be a plus for people with celiac disease. I got the



LIZETTE ROBLES-CASTAÑO • THE SPECTATOR

Instead of mugs, Bulletproof serves their coffee in beaker style glasses.

Cardamom Biscuit that was very dense and grainy. It had a nice flavor to it, but you definitely needed the coffee to wash it down.

The Bulletproof products you can buy vary from the octane oil and ghee, that are found in the coffee, to collagen bars and "fat" water. The water taste like a normal Vitamin Water but contains octane oil.

"We get a lot of people from the Amazon locations, people doing the Keto Diet, and people who were just interested in trying the products," said Chris Mynold, a barista at Bulletproof.

After downing my coffee, I could feel my heart raising and my fingers fidgeting. For the rest of the day I felt very energetic. The coffee definitely has strong effects. Your body has a large amount of fat that it wants to

burn. But as the day wore on, they warn you that too much octane oil can give you an upset stomach when you're not used to it, which is something one should take to heart.

Overall, the coffee tastes descent, but I wouldn't suggest drinking it every day nor would I start the Bulletproof diet, the extreme nature of the diet might be too much of a shot in the dark for me.

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NEW CLUB BRINGS TELEVISION BROADCAST NEWS TO SEATTLE U

Quinn Ferrar
Staff Writer

Hailey Hackett and Diego Hyndman squeezed together tightly in an editing booth to overlay text in a title sequence last Monday night at the Seattle University Media Production Center for their very first broadcast episode.

Hackett and Hyndman are both Communications and Media Studies seniors who joined to launch a multimedia journalism club called "The Redhawk Entertainment Network" this quarter.

"I want to go into broadcast TV," Hackett said. "We obviously don't have that here, so I've been going outside school to get editing and broadcast experience. But realistically, we have a journalism program and we're moving into an era where multimedia outlets are replacing traditional written journalism. We have the resources and passionate people to do it, so why not?"

The Redhawk Entertainment Network aims to deliver local Seattle U news to students on the RECOrd SU YouTube channel live on Mondays at 9 p.m. Combining a live broadcast with pre-recorded video packages, their first episode delivered a report on adjunct faculty, Dance Marathon, Seattle U research published in the *Stranger*, and an interview with Seattle U student and musician Brett Riley.

This week's episode also featured a panel of students and a faculty member discussing the women's march and the #MeToo movement. RECOrd SU is making plans for an immigration panel in a future episode, and hopes to share a variety of student opinions.

Hyndman and Hackett currently find their story ideas through surveying and research, but they hope to get students more involved. They hope that students will tag them in Facebook and Instagram posts that they want RECOrd SU to investigate.

"The Redhawk Entertainment network is aiming to be totally student centered and curated," Hyndman said. "We want to cover all aspects of

student life. If there's some crazy, funny shit that has nothing to do with the school, but has to do with the students at Seattle University, we want to talk about it. We want to make something that students want to watch."

The Redhawk Entertainment Network only has RECOrd SU currently, but they are hoping to expand the creative opportunity for students by airing other shows. Hackett and Hyndman said that they want to capture a wide variety of student perspectives to represent the diverse student body.

Jamie Peterson, the Redhawk Entertainment Network's faculty advisor, has been manager of the Media Production Center since its conception in 2010.

"I want to support any effort by students or faculty and staff in not only creating content, but getting it out there and encouraging other people to participate," Peterson said. "That's what's really powerful with these student movements, forming clubs, or groups and coming together with a common purpose and being

able to crank out some nice stuff."

Peterson said that the Redhawk Entertainment Network and the Media Production Center are not exclusive clubs reserved for film studies and communications students.

"We're open to all SU students, faculty and staff. That includes equipment checkout, training, computers equipped with media editing software and the recording studio. The center and club fall in line with the school's mission of creating leaders for a "just and humane world." How do we communicate with audio and visuals? With the internet it's easy to get that voice out there for change or interest," Peterson said.

The club's latest project is a Valentine's Day special, and they're currently searching for students willing to be filmed on a blind date. Hyndman and Hackett said that they want to create relationships that last so they can give "where are they now?" updates.

Hackett and Hyndman are also still looking for students to join the club, noting that there are still many roles to

fill and that no experience is required.

For those interested in joining the club or providing news pitches, the Redhawk Entertainment Network can be reached at redhawkentertainmentnetwork@gmail.com.

Quinn may be reached at qferrar@su-spectator.com



Diego Hyndman and Nicole Bonfiglio hosted as RECOrd SU went live on Monday night.

ELISE WANG • THE SPECTATOR

SEAC HIGHLIGHTS MUSICAL DIVERSITY AT BATTLE OF THE BANDS

Bri Ganzon
Volunteer Writer

The Student Events and Activities Council (SEAC) aims to deliver a diverse lineup of student musicians for this year's Battle of the Bands on Thursday. The annual musical showcase is being led by Veronica Garcia, who was inspired by last year's competition to choose the theme "Havana Nights".

"It just had me thinking about the Battle of the Bands chair last year, [who] used just a lot of her own inspiration and a lot of her own interests to come up with that theme," Garcia said, referring to last year's Andy Warhol theme. "Even though I'm Puerto Rican and Havana is in Cuba, 'Havana Nights' I think, is a more commercial and familiar theme for people to get introduced more to the Caribbean and the Latin aspect of it. I think it's also my staple within the year—this is who I am, but this is what I want to share with you."

When auditioning and selecting various artists, Garcia said she wanted

to assure that the lineup for this year would provide a platform for artists who had not performed on the Seattle U stage before.

"I wanted to make sure that I was able to diversify the mix of who was going to be a part of it and making sure that it wasn't redundant—that it wasn't a 'part two' of last year and that there was a variety of different genres and different kinds of artists," Garcia said.

Seattle U sophomore Griffin Leemon is excited to perform a set list of both original and cover songs in front of his peers.

"I think I just have a lot of influences, I don't necessarily think I fit into any specific genre besides just this massive umbrella of acoustic music. I designed my set around the baritone ukulele, so it's very acoustic and I would say it has a lot of folk influence because I was raised on folk music," Leemon said.

Leemon said that he hopes his acoustic performance will be a refreshing contrast to some of the more high energy acts of the night, and

wants his music to be a cathartic release for himself and his audience.

"It might be equally important, because that music is providing the path for someone to process their experience [or] their emotion that they might not have been able to process," Leemon said.

Hayden Corwin, songwriter and vocalist for performing americana-folk band Hayden Corwin and the Troubadours, also hopes to reach the audience's emotions.

"I definitely want my songs to strike an emotional chord with people," Corwin said.

Hayden Corwin and the Troubadours are the only band in the lineup to be living long-distance in two states, with two members attending Arizona State University and one member at Seattle U.

"The Troubadours are sort of a rotating lineup as it stands because our producer and bass player, Matt Montes, goes to Seattle U. Our lead guitar player, Garrison Murphy, is in Arizona with me going to Arizona State University," Corwin said.

Corwin said that he is excited to entertain a completely new audience on Thursday night, and also added that it is their first big performance.

"We hope to gain a few fans while we're up on that stage," Corwin said. "I made a rhinestone suit for the Battle of the Bands and everything. It will be good fun. This isn't our first time performing, but it will be the first major show for Hayden Corwin and the Troubadours."

Recently developed musical act Anime Creek, consisting of band members Grif Benzel and Minna Lee, will be also be performing at Battle of the Bands for the first time.

"We've been a band for nine months—we played at Chop Suey earlier this month. But this is our first time playing Battle of the Bands," Benzel said.

Anime Creek draws on a variety of influences, but Benzel describes their sound mainly as "twee punk" and "a mix between Beat Happening and Mitski," two indie pop-rock bands

that the band cites as large influences.

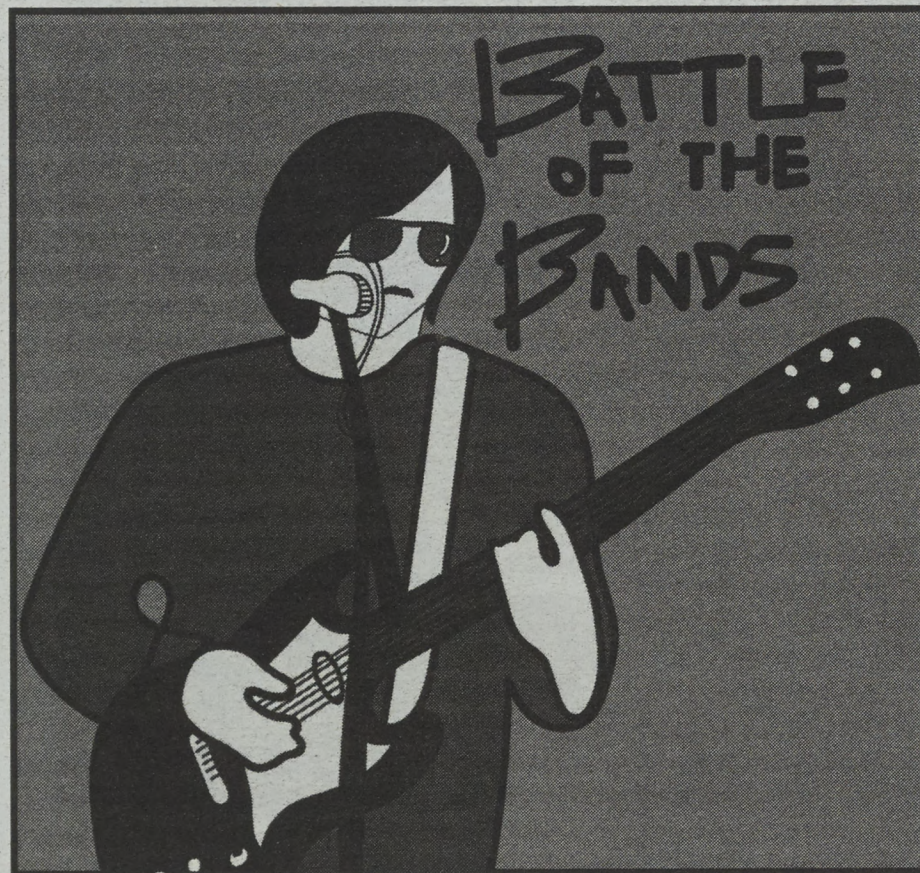
Benzel said that the way that the band began was mostly as a joke, but becoming a more serious, successful musical act was one of the best things to happen to Anime Creek.

"I like the idea that anyone can make music, anyone can form a band. We formed as a joke playing a birthday party for my friend, writing songs two hours beforehand, and now we're like 'let's put out a 40 minute album,'" Benzel said.

"I think people are going to love something about each band," Garcia said, confident that Seattle U students are going to love the variety of musical talent exhibited by their peers. "With the kind of student body we have, people are going to find their favorites and people are going to pursue the music that they hear."

Editor's note: Griffin Leemon is a photographer at the Spectator.

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SAMIRA SHOBEIRI • THE SPECTATOR

CRITIC'S CORNER: NOT YOUR TYPICAL PROTAGONIST

Rania Kaur
Volunteer Writer

Brace yourselves, it's "The End of the Fucking World" in Netflix's British dark comedy recently released to the U.S. Based on Charles Foreman's comic book series, the show follows a self-diagnosed psychopath and his girlfriend who he plans to kill as they embark on a road trip.

Though the series was released in the U.K. around Halloween this past year, it just came onto U.S. screens on Jan. 5. The main character, James (Alex Lawther), is hardly a typical protagonist. James is a 17-year-old who's pretty sure that he's a psychopath. To make himself feel something, he stuck his hand in a deep fryer when he was younger, and he once killed his neighbor's cat. This act sparked him to kill more animals, and prompted him to want to kill someone "much bigger."

"The End of the Fucking World" introduces a much more controversial protagonist for this show than the main characters in some of the other Netflix original series. This complex character development prompts audiences to question their own ethics and morals. The script for the show is written in such a way that James' character is not entirely unlikeable, and for a psychopathic character, this lens can feel unusual.

The dark humor, which can make the audience feel uneasy, is one of the most intriguing elements of the show. Even watching the trailer can be an emotionally confusing experience.

In contrast, Alyssa (Jessica Barden), feels emotions deeply. Her mother has gotten remarried and now she has a stepdad, and two twin half-siblings. A picture-perfect family, in which she feels she doesn't belong. Her estranged father sends her a birthday card every year and through him, she has learned not to trust people who fit in. At school, she smashes her cellphone when her friend, who's sitting across from her, chooses to text her instead of talking to her.

She approaches James thinking, "I'm not saying he's the answer but he's

something." His thoughts in turn are, "She'd be interesting to kill."

James pretends to fall in love with Alyssa in order to lure her into eventually kill her. After some failed attempts, Alyssa prompted by her stepdad decides to leave the boring English town that they live in. James, whose father has a car, goes with Alyssa and thus begins their road trip.

Alyssa and James discuss a variety of topics on their road trip: love, sex, consent and sexual harassment, making this series not only interesting to watch, but also relevant to popular discussion.

With eight, 20 minute episodes in the first season, the show features a very retro-American soundtrack of British artists. The music, a vital enhancement in the show, ranges from American blues to country and soul with dark themes. Despite it being a British show, "The End of the Fucking World" has an American feel which the script even alludes to.

"If this was a film, we'd probably be American," Alyssa said in the beginning of the second episode.

Songs featured in the "End of the Fucking World" soundtrack include a vast assortment of 1950s country and doo-wop. Some of the more popular artists on the soundtrack include Fleetwood Mac, Ricky Nelson and Hank Williams. The creators of the show crafted a very American playlist for a very British show.

This show, as interesting as it is, has garnered a lot of hype and sparked many different opinions. The show is currently rated at 8.4/10 on IMDb. Many believe the beginning is too slow, as the show does take its time to introduce the spunky, forward personality of Alyssa and the dark, contemplative character of James.

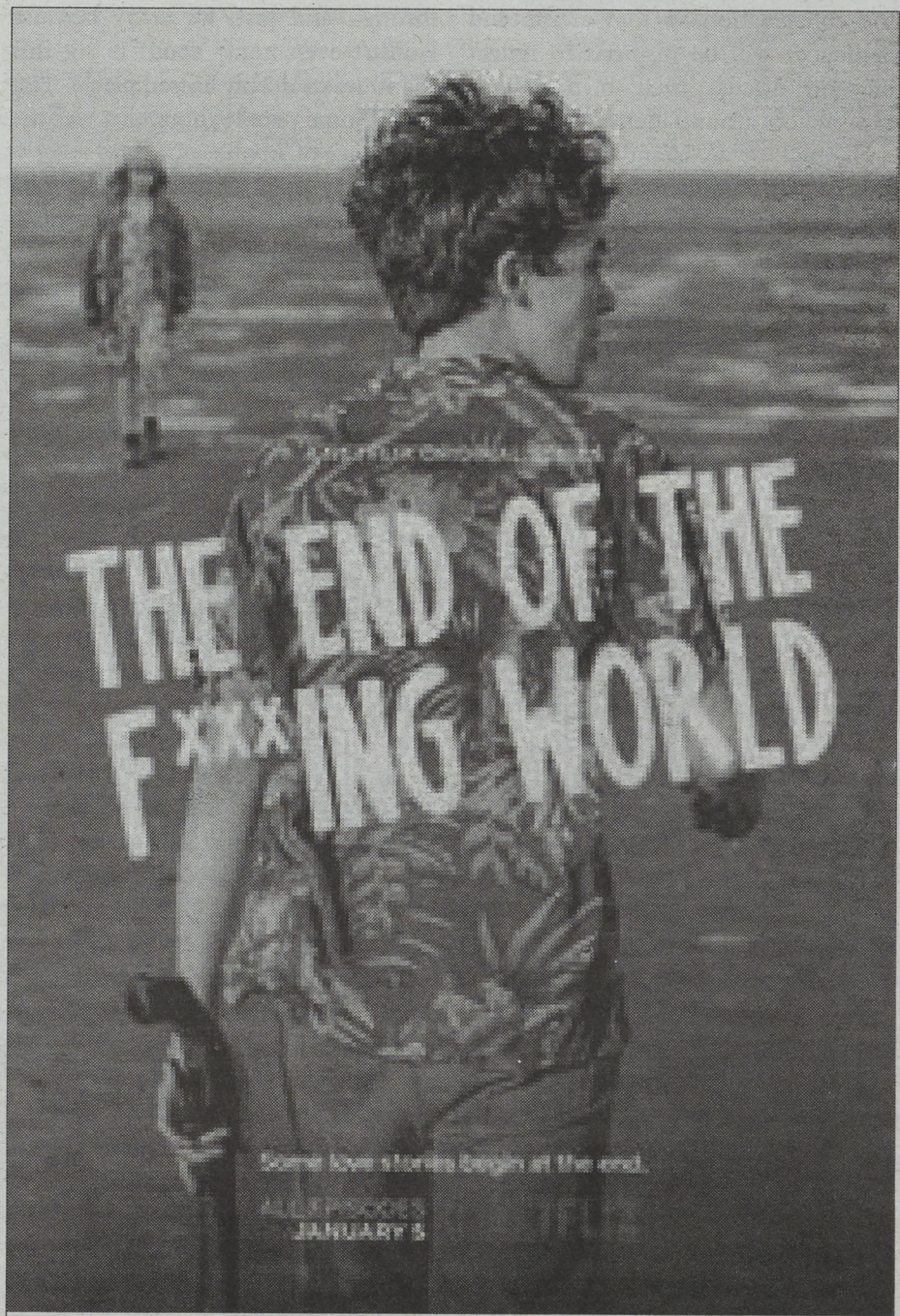
Despite Alyssa and especially James having dark backgrounds, the series does a great job of highlighting the thoughts and reasoning behind their actions. Every single scene and motivation feels eventually justifiable. Whether it's through their flashbacks or through the secondary characters our main duo encounters, the team of

"The End of the Fucking World" does a great job of making everything seem natural, believable and real, even if the scenarios are a little bit outlandish.

Unfortunately, a second season has yet to be confirmed, making the season finale of this series especially interesting. The creators left the ending much like the beginning: ambiguous, intriguing and confusing. The open-endedness may be intended to extend the possibility for the show to con-

tinue. In the meantime, it's "The End of the Fucking World" and you really should watch it.

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VIA ROTTEN TOMATOES

TINT DANCE FESTIVAL SETS THE STAGE FOR ARTISTS OF COLOR

Natalie Monahan
Volunteer Writer

A fusion of contemporary, hip-hop, tap, Hawaiian and African dance is set to hit the stage at the Tint Dance Festival on Feb. 9-10. The founders of the festival Sue Ann Huang and Arlene Martin, hope to raise critical awareness around racial and ethnic representation in the greater Seattle community by featuring choreographers and dancers of color. The vision of the festival is to open up the conversation so that artists and audiences will be inspired to reflect on and discuss their own diverse experiences around identity.

Huang, an assistant director for Housing and Residence Life at Seattle University thought of the idea after several years of going to different auditions and noticing that the choreographers and dancers were predominantly white.

"We were just reflecting on it a little bit more and we were like, 'I wonder if we could look into creating an

opportunity that would focus on being a little bit more intentional on creating space for people of color to be dancing in the community,'" Huang said.

Huang then worked with Martin to put together the festival that features different pieces from a diverse set of choreographers and dancers.

Mary Tisa, one of the featured choreographers, was inspired to create her piece after traveling to Greece with her husband.

"It was just a random day trip and I was just struck by it. [...] I was walking through and just, it's crazy because I didn't even know about it but this island was a deeply sacred place," Tisa said. "Some people thought it was the birthplace of Apollo."

From this experience, Tisa replicated the sights and emotions in her contemporary piece "Delos", where she found inspiration from the ancient ruins on the island.

"I'm a really visual person and my piece starts with six dancers in a diagonal line and I took a picture of these short pieces of column where

there were six in a row. That was one component where I was thinking what I had seen and incorporated it into the dance," Tisa said.

The festival showcases pieces that differ vastly from each other, which Huang says is what sets it apart from other dance shows in Seattle.

"Sometimes you go to a show and it all seems like they have a similar theme and they get a little bit repetitive, and I'm pretty sure no one we will be able to say that after seeing our show," Huang said. "There's a benefit to what art and dance can be when you have a diverse group of bodies and people and the dance community of Seattle should pay a bit more attention to that."

As a dancer at the festival and a graduate student at Seattle U, Isabelle Wroblewski says the festival was a different experience for her because it gave her a lot more freedom, since it was her first endeavor that was not associated with a school name.

"It was the first project I've ever been in that focuses on the identities of the dancers more than creating a piece of movement," Wroblewski said.

Wroblewski is a dancer in Noelle Price's piece, which fuses together the styles of contemporary and Afro dance. In every piece featured in the festival, over half of each cast is comprised of people of color.

"The mission of Tint allows people to be who they are and express [it] in a way that is open to everyone with different levels of mobility with different backgrounds," Wroblewski said. "Not everyone in the project is a professional dancer or went to school for dance."

The festival features guest companies such as Au Collective. Northwest Tap. Au Collective brings empowered people of color and allies on stage to create multi-racial dance art and Northwest Tap Connections is an urban dance studio that specializes in modern tap. Northwest Tap Connections also incorporates a variety of dance styles such as African, jazz, modern, ballet, swing, ballroom and hip-hop into their curriculum and performances.

After the showcase of the pieces, there will be a Q and A panel where audience members can express any thoughts and ask questions to the artists involved.

"It will be interesting to see once people are done with the festival how they felt about their experience [compared] with other festivals," Huang said.

Expanding definitions and genres of dance is not only a present theme within the festival, but a question Huang prompts community members to ask about the Seattle art scene in general.

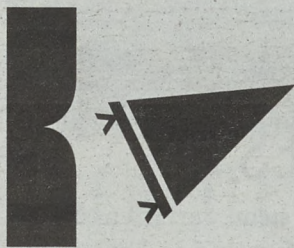
"How can we expand what dance can be so that it breathes of experiences and breathes of what the art community in Seattle continues to grow and become something new?" Huang asked.

Discounted tickets are available for the 8 p.m. show on Feb. 3. Huang said it was important for tickets to be accessible for students and members of the community who might need cheaper tickets. All tickets are available online at tintdancefestival.com

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SAMIRA SHOBEIRI • THE SPECTATOR



AFTER AN INTENSE WEEKEND, WOMEN'S TENNIS LOOKS TO FUTURE

Bailee Clark
Staff Writer

It was a packed weekend for the Seattle University Women's tennis team, with matches in California on Friday, Saturday and Sunday. The team started out strong on Friday, defeating Stanislaus State 9-0. One of the power duos in the doubles competition was Michelle Lui and Kelli Woodman.

"Michelle and I have a really strong dynamic which makes us a very solid doubles team," Woodman said. "We compliment each other really well. Similarly, our personalities mesh really well on the court. We are both extremely competitive and feed off of each other's energy. I am really looking forward to playing my last year with her. Our goal is to get WAC first team again as a duo."

Unfortunately, the momentum from Friday did not carry into

Saturday and Sunday. Both days resulted in the Redhawks losing 6-1, first to the Academy of Art then to the University of the Pacific. Kyra Jung managed to snag a win on Saturday, and so did Liu on Sunday.

"Winning two out of the three single matches this weekend felt great, especially with the singles and doubles win over the University of Pacific," Lui said. "All of the matches this weekend were physically and mentally tough, and I was happy with the way I battled each opponent."

Head Coach Adam Reeb is proud of the team's hard work over the weekend, even saying that on Sunday the teams had their best doubles matches of the year.

"All of our doubles teams stood out on Sunday and our energy and intensity on all three courts was amazing," Reeb said. "Michelle Lui also had an outstanding singles

win, and Audrey Scott showed great fight and heart in her singles match as well."

The Redhawks are looking forward to their next matches and hope to win the WAC Championships. Coach Reeb and Lui both believe there is a strong chance the Redhawks will take the championship.

"Our team makeup is really good and overall I think this is the strongest team we've had during my time here," Reeb said. "We've got a great blend of senior leadership with quality younger players, so overall just the togetherness and closeness of this team is terrific."

This weekend the squad will head to Bozeman to take on Montana and Montana State. Coach Reeb feels confident in the team's ability, but they will be working to make improvements as well.

"Our main thing to work on is our

TAYLOR GUY • THE SPECTATOR



mentality and focus," Reeb said. "Our team is strong and has the ability, we just have to keep working on trusting our games and remaining positive no matter what the score or situation."

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SEATTLE U SWIMMING FINISHES REGULAR SEASON

Caylah Lunning
Staff Writer

Seattle University's Men's and Women's swim team finished out their regular season in Vancouver B.C. where they took on Simon Fraser this past Saturday.

The men's side pulled through with a win as they dominated 112-89. Senior Jack Baldoni grabbed silver in his individual event and was part of the successful 400 medley team.

"As a men's team, I feel like we're coming together. I'd like to say our 'hays in the barn' and now it's time to gather everything and piece it all together as we get ready for our conference meet."

Senior freestyle swimmer Julian Morales was pleased with how the meet ended. "We were only up by three points going into the last events and then showed some guts going first and second in the last relay."

Senior Ben Nussbaum took the

gold in both the 200 IM and the 200 breaststroke. Sophomore Greg Raper added another first-place finish in the 50 freestyle, while freshman teammate Isaac Parker followed close behind in second. Raper also finished second in the 100 freestyle.

Sophomore Alex Roderick grabbed a second-place finish in the 200 freestyle, and placed second once again in the 400-freestyle. Senior Morgan Montemayor took another second-place finish in the 200 breaststroke.

The men didn't stop there, as they secured a first-place finish in the 400 medley (Montemayor, Nussbaum, Baldoni and Mitchell Crossen). To finish the meet off for the men, the 200-freestyle relay (Montemayor, Baldoni, Parker and Raper) also secured another gold medal for the weekend.

Nussbaum was satisfied with the team's efforts. "The guys team has been working pretty hard leading up to this meet, so we went in pretty tired. We

swam well, a few things didn't go our way but we just have to clean it up for conference," he said.

Unfortunately, the women's side fell short on Saturday, losing 125-76 to Simon Fraser. There were still a few individual athletes that placed.

Leading the way for the Redhawks with first place finishes was senior Paige Treff who racked up both first and second place finishes (50 and 100 freestyle) while freshman teammate Allison Plamondon also snagged a first and second place finish (100 and 50 freestyle). Freshman Emily Bakewell finished second in the 800 freestyle and sophomore Darian Himes finished second in the 200 breaststroke.

Senior Maddi Lydig earned second place honors in the 200 backstroke. "Personally going in to conference I'm excited, it's my last conference meet so I'm trying to go in and have fun and enjoy my last time as a swimmer," Lydig said.

The Seattle U swim team heads down to Houston Texas for the Western Athletic Conference Championships that will be taking place Feb. 21-24.

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MIKE CENTIOLI • SEATTLE U ATHLETICS
Senior Ben Nussbaum was part of the 400 medley team that took home gold.

RECOGNIZING MENTAL HEALTH ISSUES IN STUDENT ATHLETES

Jordan Kenison
Volunteer Writer

Tyler Hilinski, sophomore quarterback for the Washington State Cougars, was found dead by police from an apparent suicide. His shocking death is a tragedy for college athletic programs throughout the country, in regards to the mental health of athletes.

After interviewing Hilinski's family members to gain insight, police were unable to come any closer to an answer as to why the Cougar's starting quarterback was driven to harm himself in such a startling fashion.

Aidan Smith is a sophomore on the Seattle University Track and Field team. He encourages others to not be fooled by seemingly calm and collected attitudes. "It's sad because someone who looks so strong and composed on the outside can be fighting something within them that makes them so vulnerable."

In an article from ESPN, Dr. Brian Hainline, the NCAA's first chief medical officer, reveals his concerns regarding student suicide, a serious

problem that remains largely unsolved on college campuses.

The dangerous thing, Hainline explains, is how many people do not view athletes as people who are susceptible to mental illnesses such as depression. There is a misconception that athletes are somehow different than other people in terms of how they internalize pain and trauma. "The same problems that regular students have with mental health are the same problems student athletes have," Hainline said.

Enna Selmanovic, who works on the NCAA Student Athlete Advisory Committee, believes that a lack of mental health education has rendered coaches and entire programs inept to deal with such a sensitive issue. "Getting athletes to know the resources are out there, that's the biggest thing. Educating staff and coaches is just as important because they are the ones who are going to notice when performance is slipping," Selmanovic said. Of the 35 athlete suicides that occurred from 2009-15, she found that 29 of them were male

and 13 played football. Hilinski fell into both of these demographics.

Seattle U athletic trainer Matthew Bussman offered a positive outlook in terms of how student athletes can find support for mental distress.

"A university environment is so much about close knit community, it would be really hard to isolate yourself unless you were not involved in an organization or group that would give you an opportunity for high levels of interaction," Bussman said. "Student athletes are together a lot. They travel together, they know each other very well for four—sometimes five—years. If something is going on with an athlete, whether they're failing a class or going through a family tragedy, their team provides support."

According to a study done by the National Institute of Health, NCAA athletes appear to be at a lower level of risk for suicide than non-athletes of the same age. Bussman explained the changes he desires to see campus-wide, since most college athletes receive adequate mental health education.

"My hope is that the focus on

suicide will stem out from college athletics . . . focusing on how we can empower athletes to bring a certain level of care and oversight to their own campus. When they're working with a lab partner or someone on their floor, maybe they can see some of the signs they've been taught about and reach out," Bussman said.

Colton Kaiser, Seattle U strength and conditioning coach, stated how mental wellness is key for athletic performance. "I've seen firsthand how a coach can emotionally run a team into the ground. Being tough is only good to a point. You have to be understanding, too," Kaiser said.

Mental health resources and education are critical to a college athlete's success. Perhaps tragic stories like Hilinski's can be avoided as college athletes learn to foster a sense of community on college campuses.

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VANESSA BRIMHALL • THE SPECTATOR

Collegiate student-athletes have a lower suicide rate than that of other collegiate populations; however, the topic of mental illness continues to be an underdeveloped issue that needs attention.

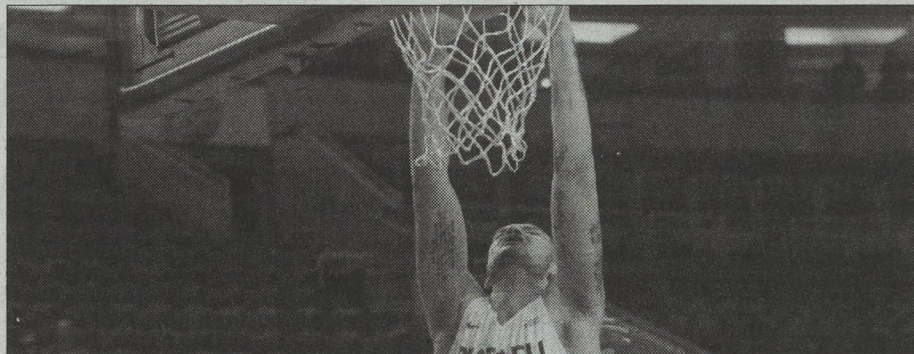
SEATTLE U MEN'S BASKETBALL IMPROVES CONFERENCE RECORD

Caylah Lunning
Staff Writer

Last Friday, the Seattle University Men's Basketball team hosted defending Western Athletic Conference (WAC) Champs California State University Bakersfield for a home game at KeyArena. The Redhawks pulled through the low-scoring game with a 59-58 victory over the Roadrunners. Seattle U improved their overall record to 15-8 and 4-2 in conference play.

Aaron Menzies added to his impressive season as he recorded his ninth double-double of the season by racking up 16 points, 10 rebounds, and four blocks to the stat sheet. Jordan Hill followed, adding 11 points to the scoreboard while helping his team with three assists. Matej Kavas had 10 points, Morgan Means tallied a total of 8 points.

Graduate guard Josh Hearlihy



PHILIP ALLMAN • SEATTLE U ATHLETICS

Aaron Menzies led the team in points with 16 against Bakersfield.

followed with seven points for the team.

"I think it was a good game. I think it was a good test for us to play a game that came down to the last couple of possessions," he said. "We didn't play exactly how we wanted to on the offensive side or the defensive side ideally, but to be able to grind it out it was a good team win."

The Redhawks started the game slowly, as the Roadrunners pushed their way to an early lead. The

Redhawks were only hitting one out of six from the field.

This didn't get the Redhawks down, as they took control of the game, going on an 8-2 run to take the lead from the Roadrunners. The team went into the half with a slight lead as the Roadrunners trailed the Redhawks 29-25.

The Redhawks continued their lead in the second half, as they pulled their way to a 10-point lead, making it their largest lead of the night with a score of

43-33 and 11 minutes left to play.

With less than 14 seconds left, and a Redhawk lead of 3-points, the ball was passed out wide for an easy basket to tie the game for the Roadrunners. Luckily for the Redhawks, Hill was there to block the shot, saving the team from an overtime competition.

Head men's basketball coach Jim Hayford was proud of the win.

"It was a really intense game, and we're really happy that we won. Jordan's block was huge, we made some clutch free-throws and held onto our lead. It was really fun for me to see the students have so much fun at the game, I thought that really helped the cause as well," he said.

The men's basketball team takes the court once again this Saturday, Feb. 3, as they host Utah Valley at KeyArena for this year's homecoming game.

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TRACK AND FIELD SETS NEW PERSONAL BESTS AT UW INVITATIONAL

Michelle Newblom
Sports Editor

Seattle University Track and Field competed in their second meet of the season at the University of Washington in the UW Invitational this past weekend. The two-day meet featured new personal bests and improvements – creating an optimistic mindset as the team gets ready for indoor championships.

Junior Olivia Stein was the highlight of Friday night's competition as she set a new personal best in the 3000m (10:10.41), good for seventh place in her section. "I was pleasantly surprised with how well my race went, because I've been coming off an injury and haven't been training super well," Stein said. "So starting off the season with a PR, despite all the lack of training, was a confidence builder."

As things got underway Saturday, the team saw more stand-out performances, even from some freshmen. "Lance as a freshman, putting himself in the position from

the gun and running really hard and just competing was really fun to watch," assistant coach Chad Pharis said. Lance Slichko shaved three and a half seconds off his time in the mile from two weeks ago, setting another personal record as he too finished seventh in his section.

Sophomore Siobhan Rubio continued to improve on an already impressive beginning to her season from two weeks ago. She finished

second in her section of the 800m, with a time of 2:14.35.

Looking at the more sprint-focused races, senior Keith Beasley also had a stellar performance. "Keith just raced really, really hard. He had a good kick to move up so it was fun to see a 400 runner have a lot left in the tank," Pharis said.

"I stay humble, but at the same time keep the hunger because even if you do well, you have to keep that hunger

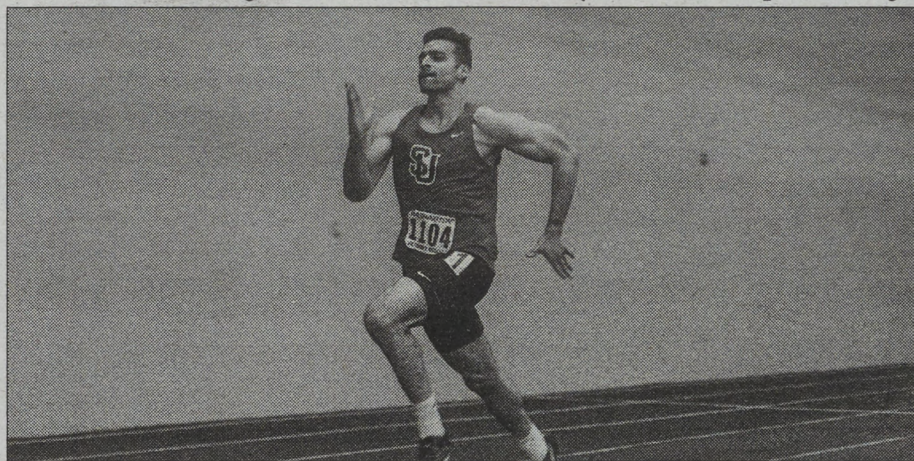
because enough is never enough," Beasley said. "It keeps you focused, I want to leave a legacy that lasts longer than my physical body."

This is track and field's first year with Kelly Sullivan as the head coach. "As I team, I've got to say that ever since we got Coach Kelly, the culture and shift and level of support for everybody and every athlete has made going to meets so much more fun," Stein said.

Sullivan's biggest goal planning for conference is to "get everybody mentally confident and prepared. The work is done, now it's the trust and little more precision as much mentally as it is physically."

Track and field will attend the Husky Classic Feb. 9-10 as well as the UW Open on Feb. 11. These will be the last two meets before the team travels to Idaho for the Western Athletic Conference indoor championships.

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CAM PETERS • THE SPECTATOR

Angel Cheema opens up his stride in the final 50m of the 200 meter dash.



RESPONSE TO LAST WEEK'S "45 YEARS SINCE ROE V. WADE: CONVERSATIONS ON ABORTION MUST STAY IN THE HANDS OF WOMEN."

I would like to humbly reply to the editorial from last week by the Women of the Spectator Editorial Board, and I want to begin by saying I'm so grateful that they are seeking to inspire more conversation. As a leader of the Students for Life club on campus, I am always striving (and usually failing) to engage students in this complex, painful, but pressing topic. I hope if my words offend or hurt anyone that you will forgive me.

While I cannot wrap my head around the president's presence at the national March for Life (I see him as entirely anti-life), I am one of those people who believes that abortion is in direct opposition to women's rights and is the greatest violation of human life. I acknowledge, and it is important to do so (I appreciate that the Women of the Spectator Editorial Board emphasized this), that I am a white, cis- and straight woman who comes from an upper-class family. I am also Catholic, and perhaps the most damning to my credibility, I have not had a personal encounter with abortion and only a few of my loved ones have. I acknowledge that I cannot speak from experience.

Still, I care a lot about the issue and all conversations that surround it, and I have some suggestions for them. These are by no means comprehensive or perfect, but I have spent many hours of my life learning and weeping about this topic, and so I would like to share.

In my understanding, there are many lenses through which to view and understand abortion. Some of these include philosophical, theological, ethical, and medical. Others include lenses of race, class, disability, and gender. I don't mean to reduce the conversation to an academic inquiry – it is equally if not more essential to uplift the lived experiences of those who have been touched personally by abortion. Still, in light of 45 years of contestation, I believe it is important to ask some hard questions.

First, we should talk about the procedure itself: What is an abortion? What happens to the embryo/fetus being aborted? What happens to the woman? What are the side effects or health risks of abortion?

We should also ask these questions: Why do women get abortions? Why do women of color, and in particular Black and African American women, get abortions at drastically higher rates than do White women?

And also: Is abortion okay when a fetus is diagnosed with a disability? When the parents or society want a different sex? When a woman is being pressured/forced by someone else?

And perhaps the most challenging of questions: Is not the human fetus, the growing and developing person in the beginning stages of life, the most vulnerable and the most voiceless of human beings to ever exist at any time and space, ever? Is not the womb the place where every single one of us established our beginnings?

I believe with these questions and others, we can all have more intelligent and meaningful conversations about abortion. I welcome you, please, to find me with any questions or comments you or others may have, or you can join the Students for Life club in dialogue! We especially value engaging with those whose understanding differs from ours.

Like the Women of the Spectator Editorial Board wrote last week, we need to talk about these issues, because all of us, by taking our first breaths in the moments we were each born, escaped abortion.

—Brinkley Johnson, Senior, Humanities for Teaching major, President of Seattle University Students for Life

ASK MAMA MOZZONE

by Emily Mozzone

Giving relationship advice of any kind.



Q: *Should I form an intramural team with my friends? I'm afraid of the time commitment!*

A: Why not? You're only an undergrad once, it'll be nice to look back in a few years and remember your memories of playing sports with your friends. It's definitely a lot more memorable than doing homework.

Q: *I have a quiz tomorrow that I haven't started studying for, and it's late at night, what do I do?*

A: Honestly man, I prioritize sleep over studying every time. You'll probably do better on your quiz if you get a normal amount of sleep anyways, as opposed to cramming and trying to remember what you can. Good luck!

Q: *I'm really interested in studying something outside my major but there's no room for it in my schedule! What should I do?*

A: I was in the same situation! I really wanted to learn more about web design, and there's not many classes for it in my major. I'm currently attending Bellevue College to get a certification in UX Design! I'd highly recommend searching for certifications locally, or studying online on your own. You can also reach out to friends who are interested in the thing you want to learn about, maybe they'd be willing to show you a thing or two.

To submit your own 100% anonymous question, visit:
tinyurl.com/askmozzone

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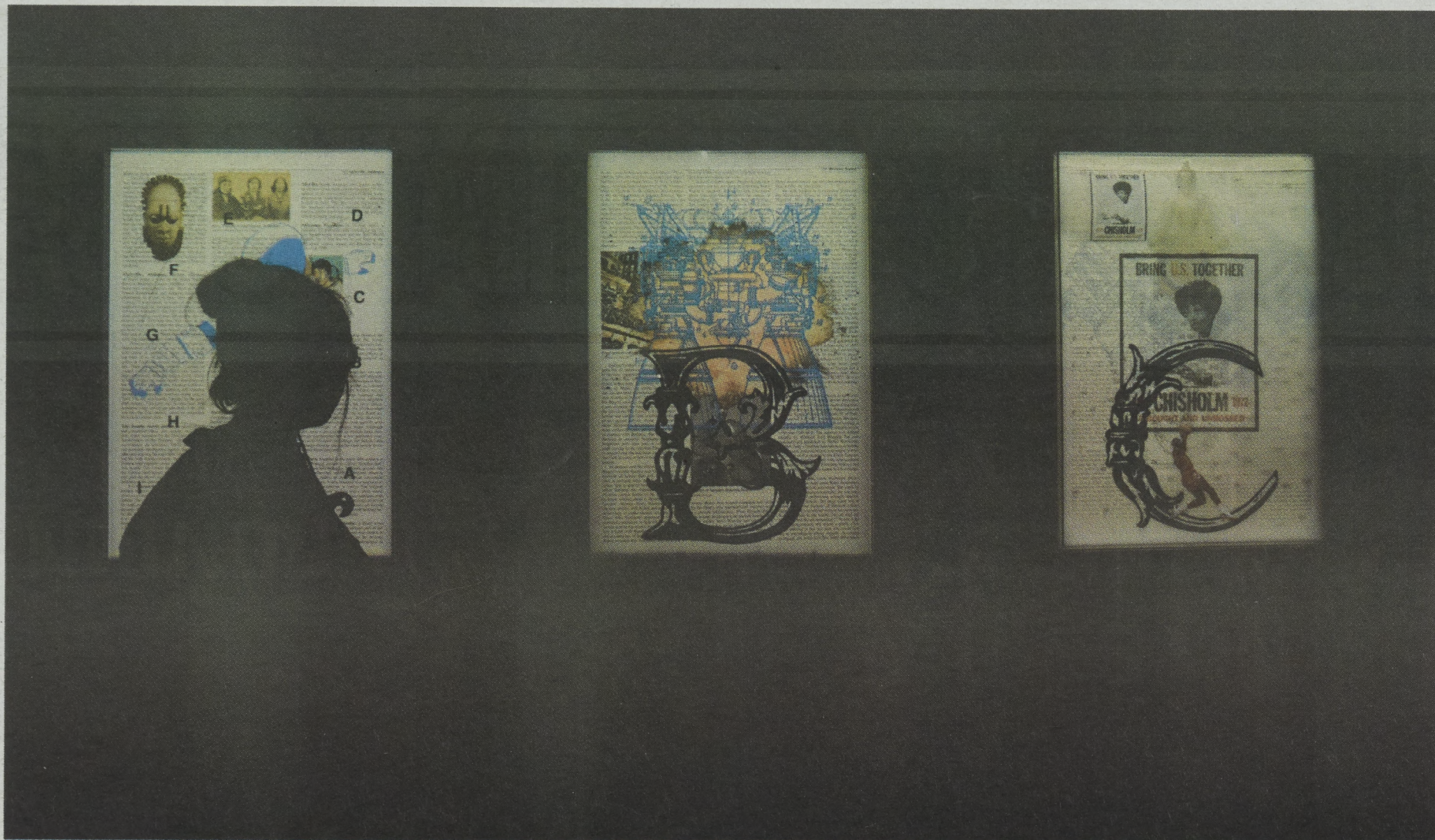
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SAMIRA SHOBEIRI • THE SPECTATOR

Tavares Strachan exhibit, "Always, Sometimes, Never," at the Frye Museum.



SAMIRA SHOBEIRI • THE SPECTATOR

Tavares Strachan's piece, "Queen Min" (from the Constellation Series)